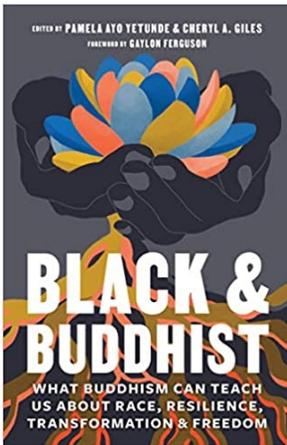




## Tucson Community MEDITATION CENTER

*Desert Insight Meditation invites you to join our virtual Buddhist Book Study Group for meditation, reading, study, and discussion of our new book. This book written by different Buddhist teachers and writers is so important for our contemporary times so we can bring justice to people of all races, ethnicities and religions.*

### ***Black and Buddhist: What Buddhism Can Teach Us about Race, Resilience, Transformation, and Freedom — by Pamela Ayo Yetunde & Cheryl A. Giles***



Leading African American Buddhist teachers offer lessons on racism, resilience, spiritual freedom, and the possibility of a truly representative American Buddhism. With contributions by Acharya Gaylon Ferguson, Cheryl A. Giles, Gyōzan Royce Andrew Johnson, Ruth King, Kamilah Majied, Lama Rod Owens, Lama

Dawa Tarchin Phillips, Sebene Selassie, and Pamela Ayo Yetunde.

What does it mean to be Black and Buddhist? In this powerful collection of writings, African American teachers from all the major Buddhist traditions tell their stories of how race and Buddhist practice have intersected in their lives. The resulting explorations display not only the promise of Buddhist teachings to empower those facing racial discrimination but also the way that Black Buddhist voices are enriching the Dharma for all practitioners. As the first anthology

comprised solely of writings by African-descended Buddhist practitioners, this book is an important contribution to the development of the Dharma in the West.

### **ABOUT THE DIM BOOK STUDY GROUP**

This book study group is a commitment to participate in weekly meetings and readings until the book is completed.

### **INFORMATION**

**When:** Begins Monday, April 12, 2021, from 10:00-11:30 am weekly.

**Location:** Zoom, in your own home.

**Fee:** \$5 weekly fee for TCMC plus *Dana* — a *Pali* word meaning generosity — for the teacher. The suggested donation is \$10/class. Please continue to support Lhasha in continuing to offer these 2,600-year-old priceless teachings of the Buddha. Payments can be made monthly to cover the TCMC fee and *Dana* for the teacher.

**Registration:** Please contact Lhasha to let her know that you will be joining or for information about the group and the readings.

**Contact:** Lhasha Tizer, lhasha9@gmail.com, 520-321-3670

### **ABOUT THE TEACHER**

Lhasha Tizer, MS, has been practicing and teaching formal meditation techniques for 43 years. She began practicing Insight Meditation 25 years ago with Spirit Rock teachers and has taught at TCMC since 2000. She is a certified Community Dharma Leader from the Spirit Rock program and teaches for DIM.