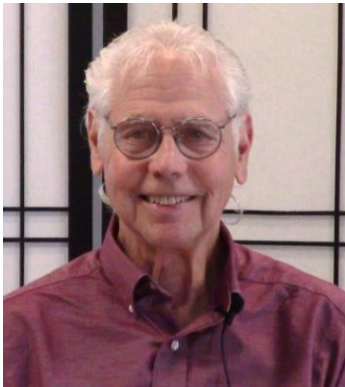




## The Body of Awareness

Deep within the habit of our separate self dwells a unifying light that transcends separateness.

In this half-day hybrid event **July 27<sup>th</sup> 8:30 am – 12:30 pm MST**  
**Hayward M. Fox, Ph.D.**, will integrate all his previous teachings.



### What we know

From Western psychology we will examine identity  
Its influence on perception and meaning  
The thread of our personal story

### How we know

From Wisdom Traditions we will discover Awareness  
Our essence and inner being  
A unifying light

**WHEN:** 8:30 am-12:30 pm **FEE:** \$45 **REGISTER** at [www.tucsonmeditation.org/retreats](http://www.tucsonmeditation.org/retreats)

#### LOCATION

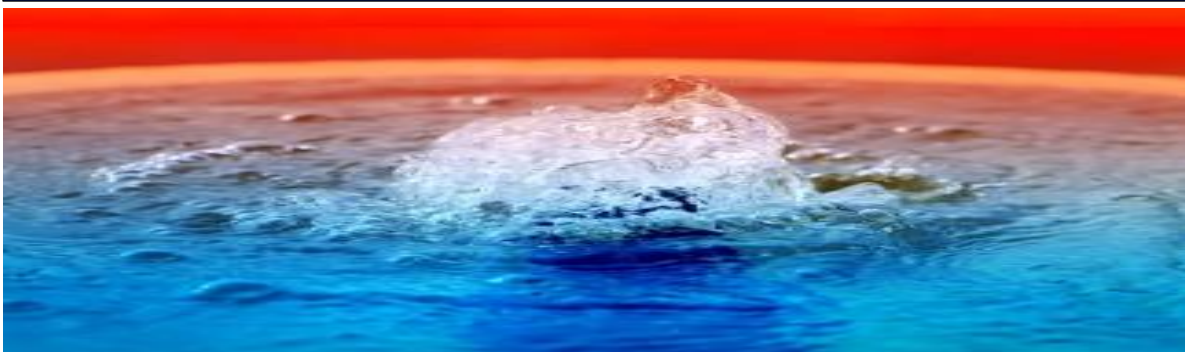
**IN-PERSON:** Tucson Community Meditation Center 1147 N. Howard Ave.

**ONLINE:** ZOOM link will be sent after registration

All registrants will receive a video recording of this classic.

**CONTACT/INFORMATION:** [Contact@InstitutePersonalTranspersonalKnowledge.com](mailto:Contact@InstitutePersonalTranspersonalKnowledge.com)

Hayward will tie it all together  
as we examine the personal identities that separate  
and discover a deeper knowing that unites.



[www.InstitutePersonalTranspersonalKnowledge.com](http://www.InstitutePersonalTranspersonalKnowledge.com)

[www.HaywardFox.com](http://www.HaywardFox.com)

**Hayward M. Fox, Ph. D.**, is a clinical psychologist and psychotherapist who has devoted more than fifty years listening to our personal concerns. What makes him a master teacher is his ability to meld psychotherapy and meditative practices. Providing a gentle, intuitive and safe presence, Hayward responds to our intention to be free of early conditioning and outgrow inhibiting patterns of thought, feeling and action.