



Tucson Community
MEDITATION CENTER



We Live the Story We Tell

Hayward M. Fox, Ph.D.
invites you to attend our final meeting
2019 Summer Teaching Series
August 24

What is story more than words being told?
We will examine how we come to embody
our history as our self.

This summer series will offer every registrant a video of the training.
This is included so you can review the teachings and practices.
If you have registered for a session and are unable to attend live,
the video will be yours to view and review at your leisure.

WHEN: Saturday
8:30 am to Noon

LOCATION: Tucson Osteopathic Medical Foundation
3182 N. Swan Road (SE corner Swan & Camp Lowell)

FEE: \$45 each workshop.

Online REGISTRATION: Go to www.tucsonmeditation.org

REGISTER BY MAIL: Send name, email address and check payable to **TCMC** to
TCMC c/o Hayward Fox / PO Box 43415 / Tucson, AZ 85733

Registrations welcome at the door!

CONTACT/INFORMATION: Linda@bw-appraisals.com

Hayward Fox is a psychotherapist who, over the past fifty years, has conducted over 60,000 interviews with people discussing their personal concerns and interests. What makes him a master teacher is his ability to meld his psychotherapy and meditative practices -- "two wings of the same bird" -- and provide a gentle, intuitive and safe presence. He responds to our intention to be free of inhibiting patterns and to recognize our authentic nature.

www.HaywardFox.com