



Tucson **Community**
MEDITATION CENTER

Hayward M. Fox, Ph.D.
invites you to attend
2018 Summer Teaching Series
July 28 and August 25



This summer series will be devoted to the recognition of our intrinsic intelligence. Unfettered from conditioning since birth, intrinsic intelligence can thaw frozen beliefs and liberate habitual patterns.

We can enjoy an increased sense of lightness and ease; once again we can belong to our true nature.

This summer series will offer every registrant a video of the training. This is included so you can review the teachings and practices.

If you have registered for a session and are unable to attend live, the video will be yours to view and review at your leisure.

WHEN: Saturdays
8:30 am to Noon

LOCATION: Tucson Osteopathic Medical Foundation
3182 N. Swan Road (SE corner Swan & Camp Lowell)

FEE: \$45 each workshop or \$120 for all three teachings. If you missed a workshop, the video is available.

Online REGISTRATION: CLICK [HERE](#)

REGISTER BY MAIL: Send name, email and check payable to **TCMC** to
TCMC c/o Hayward Fox / PO Box 43415 / Tucson, AZ 85733

Walk-ins are always welcome!

CONTACT/INFORMATION: Linda at tcmc.tucson@gmail.com

Hayward Fox is a psychotherapist who, over the past forty years, has conducted over 60,000 interviews with people discussing their personal concerns and interests. What makes him a master teacher is his ability to meld his psychotherapy and meditative practices -- "two wings of the same bird" -- and provide a gentle, intuitive and safe presence. He responds to our intention to be free of inhibiting patterns and to recognize our authentic nature.

www.HaywardFox.com