



Tucson **Community**  
MEDITATION CENTER

**Hayward M. Fox, Ph.D.**

invites you to attend

**2018 Summer Teaching Series  
June 23, July 28, August 25**



This summer series will be devoted to the recognition of our intrinsic intelligence. Unfettered from conditioning since birth, intrinsic intelligence can thaw frozen beliefs and liberate habitual patterns.

We can enjoy an increased sense of lightness and ease; once again we can belong to our true nature.

*This summer series will offer every registrant a video of the training. This is included so you can review the teachings and practices.*

*If you have registered for a session and are unable to attend live, the video will be yours to view and review at your leisure.*

**WHEN:** Saturdays  
8:30 am to Noon

**LOCATION:** Tucson Osteopathic Medical Foundation  
3182 N. Swan Road (SE corner Swan & Camp Lowell)

**FEE:** \$45 each workshop or \$120 for all three teachings if paid by June 23<sup>rd</sup>.

**Online REGISTRATION:** CLICK [HERE](#)

**REGISTER BY MAIL:** Send name, email and check payable to **TCMC** to  
**TCMC c/o Hayward Fox / PO Box 43415 / Tucson, AZ 85733**

**Walk-ins are always welcome!**

**CONTACT/INFORMATION:** Linda at [tcmc.tucson@gmail.com](mailto:tcmc.tucson@gmail.com)

**Hayward Fox** is a psychotherapist who, over the past forty years, has conducted over 60,000 interviews with people discussing their personal concerns and interests. What makes him a master teacher is his ability to meld his psychotherapy and meditative practices -- "two wings of the same bird" -- and provide a gentle, intuitive and safe presence. He responds to our intention to be free of inhibiting patterns and to recognize our authentic nature.

[www.HaywardFox.com](http://www.HaywardFox.com)