



**Biographical information** on  
Thanissaro Bhikkhu:

## Upaya Sangha of Tucson Study Group Fall-Winter, 2019

### *Desire That Binds, Desire That Liberates*

Thanissaro Bhikkhu

September 5<sup>th</sup>, 2019 through December 19<sup>th</sup>, 2019

The desire for liberation, a liberation that is marked by peace, entangles with the desire that binds, a bondage that is marked by dissatisfaction. Through insight one distinguishes the desire that liberates from the desire that binds. Through cultivating such insight, one then gains certainty in what is to be abandoned and what is to be cultivated.

In this collection of lectures Thanissaro Bhikkhu elucidates dharma from the early Canon on the Buddha's instructions to his disciples on how to distinguish skillful desire from unskillful desire, pointing out the means to unbinding, that is, the means to a liberation that is marked by peace.

Over the eight meetings in this four-month course, you will be listening to audio presentations, studying the supporting texts, and completing a study guide prior to each of our meetings.

**REQUIREMENTS:** A computer with CD player, an email address or a cooperative friend with same

**FEE:** \$25.00 (the cost of materials, postage, and TCMC space use contribution). No one will be turned away due to inability to pay.

**TO REGISTER:** Mail a \$25.00 check, made payable to Upaya Sangha, to Christine Johnson at 4145 N. Stone Ave., #102; Tucson, AZ 85705-8807. Include, in addition to your name, your postal address & email address & telephone number.

**DEADLINE TO REGISTER:** August 14, 2019

**WHEN:** 10:00 AM to 11:30 AM. Beginning on Thursday, September 5<sup>th</sup>, the 1<sup>st</sup> and 3<sup>rd</sup> Thursdays of September, October, November & December.

**LOCATION:** Tucson Community Meditation Center; 1231 E. Edison Tucson, AZ. The Center is one block S. of Grant and 2 houses W. of Mountain Ave.

**CONTACT:** Christine Johnson; christine-johnson@cox.net ; 520-207-8718(no text)

**PARKING:** It is important to the future of TCMC to observe mindful parking by not parking on the same block as the Center and by leaving an empty parking space in front of the homes on the neighboring blocks. Please reserve TCMC driveway parking for people who cannot walk far. Thank you!